



Secondary

Part 2

A. Listen to a student presentation about a health problem. Number the slides in the order they are mentioned.

a. Reasons why most deaths are in poor countries and communities



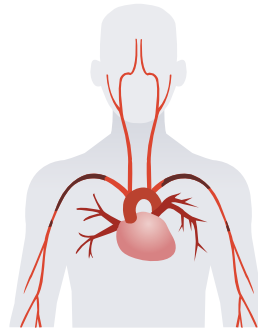
Poor health care systems

Unhealthy diet

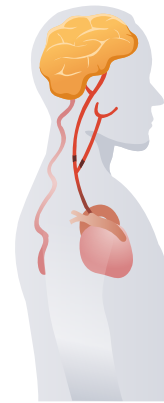


Little information and education about diet, exercise, and healthy habits

b. Heart disease - #1 cause of death



Heart Attack



Stroke

c. Actions to prevent heart disease

- Don't smoke
- Eat healthy food
- Get daily exercise
- Get regular medical check-ups



d. Risk factors for cardiovascular disease

- Obesity
- Unhealthy diet
- Physical inactivity
- Smoking
- Diabetes
- High blood pressure
- Over age 50



B. In pairs, discuss the questions.

1. How can you avoid problems with heart disease?
2. How can governments, businesses, and community groups help people avoid problems with heart disease?