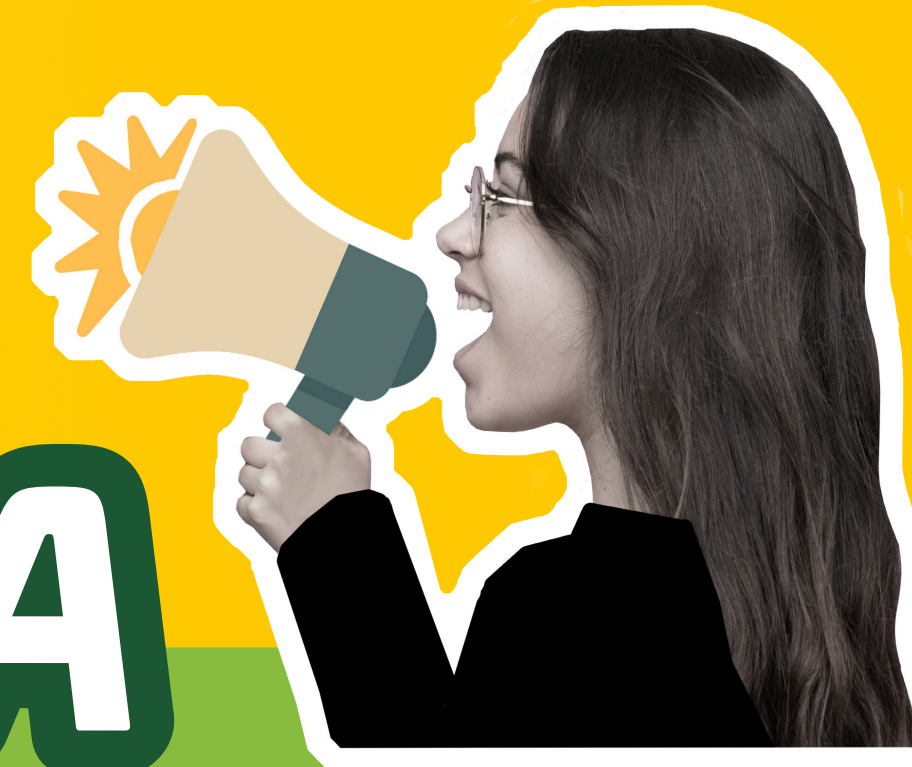


sample
lesson
plan



TRENDING ANDALUSIA



OCTOBER

We
Belong **1**

Abuela Influencer



Focus on Values and Sustainable Development Goals

- Empower and promote the social, economic and political inclusion of all, irrespective of age, sex, disability, race, ethnicity, origin, religion or economic or other status.
- Reducing inequalities caused by ageism





ACTIVATE

Look at the pictures below and match them to the food in the box.

Eggs Green Pepper Tomatoes Cucumber Salt Olive Oil Onions



- What dishes can you make with these ingredients?
- Do you prefer Spanish omelettes with or without onion?

I prefer Spanish omelette with onions.
What about you?

With onions?
No way!



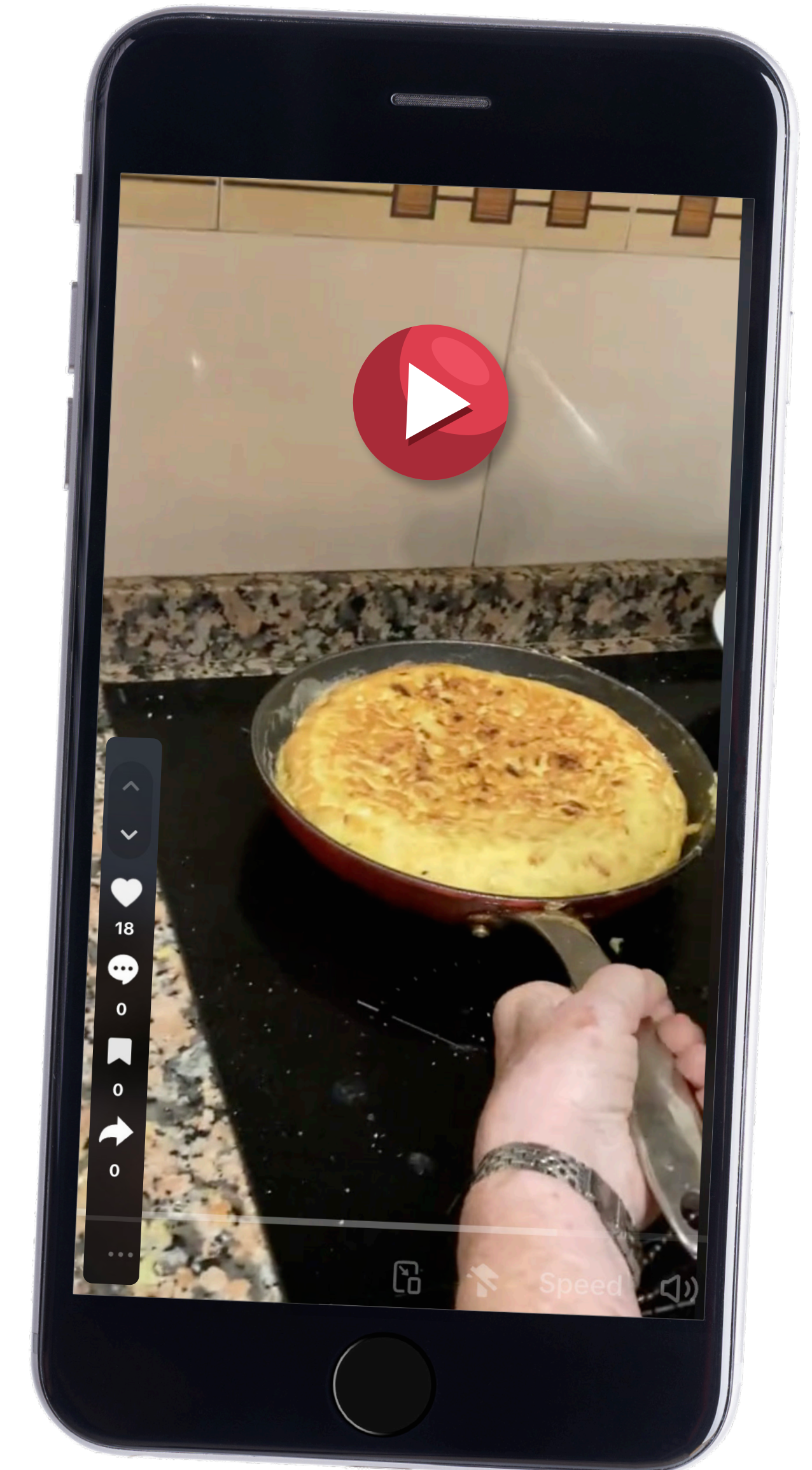
WATCH THE TIK TOK VIDEO



Who is teaching the teen to make Spanish omelette?

Watch again and put the sentences in the correct order as you see them in the video.

- a) Put oil in the frying pan _____
- b) Peel the potatoes _____
- c) Break the eggs into a bowl _____
- d) Cut the omelette _____
- e) Mix the potatoes with the eggs _____





QUESTIONS RELATED TO THE VIDEO

What is your favourite home-cooked meal? Do you know how to make it?

Who cooks the food in your house?

My favorite home-cooked meal is meatballs and pasta!

I help my mum with the cooking at the weekend.

My dad cooks for us every night.





READING

Look at the picture and read the text.

What similarities are there with the video?

Have you heard about Angelita Gómez?

Why is she a role model for people her age?

Meet the Malaga gran who is an Instagram Sensation!

At 88 years old, Angelita Gómez is a role model for people her age with an active life and plenty of humour, as seen in her homemade videos that she posts on social media. In these videos she shows how she cooks, decorates bottles, as well as her original outfits and fun dances.





LANGUAGE SKILL - EXPRESSING AN OPINION

Key Phrases for expressing and opinion

I think /
believe that...

I feel
that...

I'm sure that
(strong opinion)

I guess that
(weak opinion)

I'm not certain but I
imagine (weak opinion)

I agree
with ...

I disagree
with...





COMMUNICATE

In pairs, think about the video and article. Look at the following opinions. Which do you agree with and which do you disagree with? Use the Language Skill to help you.

- *Younger people don't want to spend time with older people.*
- *Older people don't know how to use social media.*
- *Older people are often lonely.*
- *Grandmas cook the best food.*
- *Older people and younger people don't agree on many things.*

Do you think that people from other regions in Spain have the same opinion?



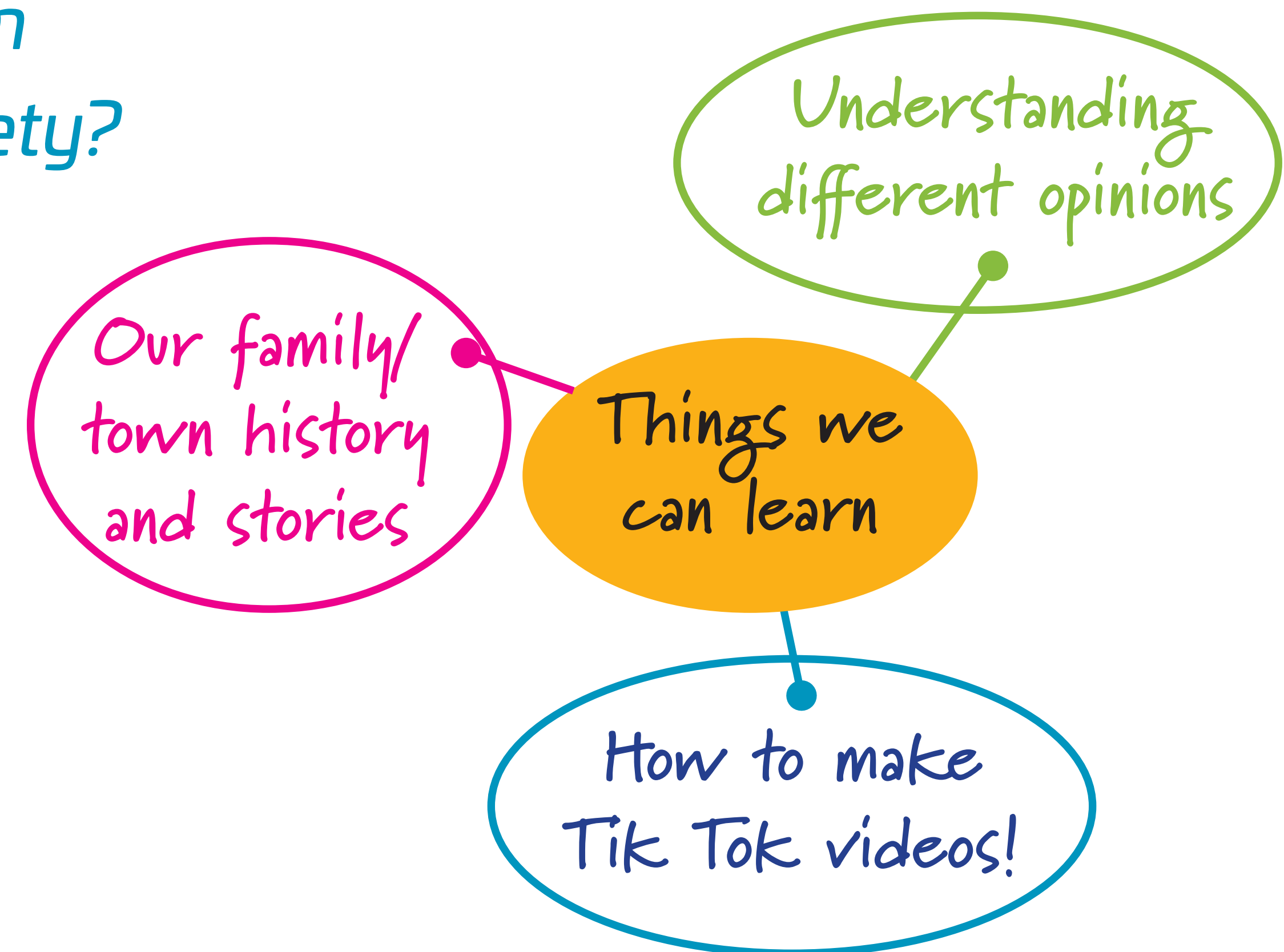


TASK

In pairs look at the questions below and make a mindmap with your ideas. Use the article, video and your own experiences to help you answer.

- *What do you think we can learn from older people in our families and society?*
- *How can older people learn from younger people too?*
- *Why is it important to learn from each other?*

Discuss your ideas with the class.





REFLECT

What have you learnt in this lesson?

I've learnt that
it is important
to respect older
people.

I've learnt that
older people can
be influencers!

10
REDUCED
INEQUALITIES



Do you think you have more awareness of
the needs of older people in your community?

