

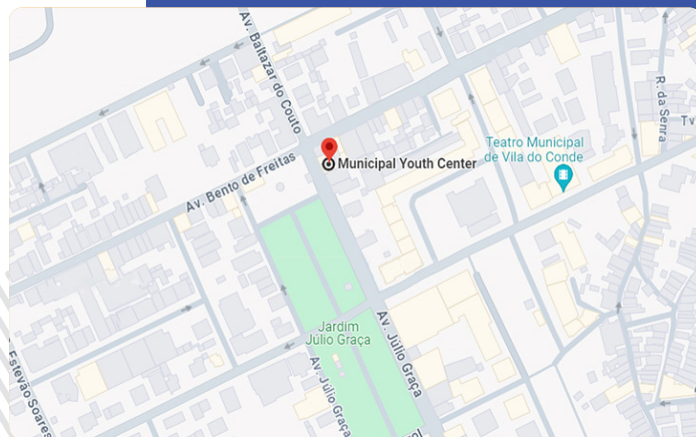


## Centro Municipal da Juventude

Av. Júlio Graça 580  
4480-672 VILA DO CONDE

**¡Register now!**

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## TEACHERS' DAY

Vila do Conde, Tuesday 9 April 2024

10:00am to 1:15pm



Come join us at this long-awaited **Macmillan Education Teacher Training Day** where you will be treated to **inspiring, motivated and very practical activities** for your Teens classes from our Teacher Training expert, Emma Heyderman.

**Don't miss this opportunity** to learn new ideas, share ideas, meet colleagues and **learn about the latest in teaching methodology!**

## Timetable



<b>10:00-10:30</b>	Registration
<b>10:30-10:35</b>	Welcome
<b>10:35-11:35</b>	<i>Getting teenagers involved</i> Emma Heyderman
<b>11:35-11:45</b>	Macmillan Education Solutions
<b>11:45-12:15</b>	Coffee Break & Book Exhibition
<b>12:15-1:15</b>	<i>Five ways to well-being for teachers and their students</i> Emma Heyderman
<b>1:15</b>	Goodbye & Raffle



**Emma Heyderman**

Emma has been in ELT since 1989, working for several schools, including Lacunza – International House, San Sebastian, the Bell School, Regents Park and the University of the Arts in Westminster. An experienced ELT writer, Emma's titles include *Interface* and ***Your Influence Today*** for **Macmillan Education**. She runs workshops for local teachers, she is a consultant trainer for NILE (Norwich Institute for Language Education) and she is also a regular speaker at national and international events.

## Workshops:

### Getting Teenagers Involved

In this highly practical workshop, we will begin by looking at 21st Century teenage learners and we will explore the factors which support their learning and motivation. We will then consider how getting our teens involved impacts the materials we use, our own teaching, and most importantly their learning. Through participation in activities, some discussion and sharing of ideas, we hope that participants will leave with a bag full of activities and strategies for the classroom.

### Five ways to well-being for teachers and their students

How can we promote mental health and well-being within and outside the classroom? This highly practical workshop will begin with the evidence and five 'official' ways. We'll then explore activities for us and for our students which may help fill that gap. Expect participation, lots of discussion and at the very least some new ideas for your next class!