

Grammar 1

Adverbs of frequency

adverbs of frequency	
never	○
rarely	●
sometimes	● ●
often	● ● ●
usually	● ● ● ●
always	● ● ● ● ●

1 Complete the sentences with the correct adverbs of frequency.

Athletes usually train every day. ● ● ● ●

- We _____ play football on Fridays. ● ● ●
- Sara _____ does yoga. ● ●
- She _____ goes swimming. ●
- Dad _____ goes roller-skating. ○
- Football is _____ exciting. ● ● ● ● ●

LOOK!

verb *be* I **am always** happy.
 other verbs I **always play** tennis on Saturdays.

2 Circle the correct options for the adverbs of frequency.

I **never am** / am never late.

- My dad **never does** / **does never** judo.
- Clara **rarely watches** / **watches rarely** sport on TV.
- We **sometimes are** / **are sometimes** tired after swimming.
- They **often play** / **play often** football at weekends.
- We **usually go** / **go usually** cycling after school.
- They **always are** / **are always** happy when they go roller-skating.



Photocopy me!

3 Match questions 1–5 with answers a–e.

- How often does your best friend go cycling? b
- How often do your parents play tennis?
- How often do you do judo?
- How often do your friends go skateboarding?
- How often do you do gymnastics?

- I never do judo.
- She sometimes goes cycling.
- I do gymnastics twice a week.
- My parents rarely play tennis.
- My friends go skateboarding every weekend.

love, hate, (don't) like, don't mind + -ing

love, hate, (don't) like, don't mind + -ing	
I love cycling	😊 😊
I like cycling	😊
I don't mind cycling	😊
I don't like cycling	😞
I hate cycling	😞 😞

4 Circle the correct verbs.

We like playing / **play** basketball.

- I hate **do** / **doing** aerobics.
- He doesn't mind **going** / **goes** skateboarding.
- We love **watch** / **watching** tennis on TV.
- They like **get up** / **getting up** late.
- You don't like **wearing** / **wear** a uniform.



EXPRESS YOURSELF

5 Circle the short answers that are true for you.

- Do you like watching athletics?
Yes, I do. / **No, I don't.**
- Does your mum like doing yoga?
Yes, she does. / **No, she doesn't.**
- Do you mind going swimming?
Yes, I do. / **No, I don't.**
- Does your dad hate playing tennis?
Yes, he does. / **No, he doesn't.**