



Contents

	LESSON • OBJECTIVES	GRAMMAR	VOCABULARY	PRONUNCIATION
U1	TRENDS			
1.1	Dress for success (p2) Talk about style and fashion Give fashion advice	nominal clauses	clothes and fashion metaphors	linking and intrusive /r/
1.2	Trendsetting (p6) Compare different trends Make a podcast or vlog	comparatives and superlatives	experimenting with prefixes and suffixes	emphatic stress
1.3	Café Hub Diet and lifestyle (p10) Pitch your own business idea		<i>give it a go</i>	
	UNIT REVIEW (p12)	WRITING (p156) Write a blog post	KEY SKILL Making your blog post successful	
U2	CREATIVITY			
2.1	The story behind it (p14) Give a presentation about art Talk about creative projects	narrative tenses	describing art	contrastive stress
2.2	Creative people (p18) Talk about finding inspiration Describe a life-changing moment	future in the past	ideas and inspiration compound adjectives	questions for comment or criticism
2.3	Café Hub Art and design (p22) Discuss a work of art		<i>nowhere</i> phrases	
	UNIT REVIEW (p24)	WRITING (p157) Write a review	KEY SKILL Writing concisely	
U3	PROGRESS			
3.1	Progressive design (p26) Make predictions about the future Use persuasive language to sell something	future structures	sustainability forming verbs from adjectives	sounding persuasive
3.2	Better ... or worse? (p30) Discuss progress and society Evaluate costs and benefits	negative inversion	verb–noun collocations	stress-shift words
3.3	Café Hub Sustainability (p34) Discuss renewable energy		the ‘rule of three’	
	UNIT REVIEW (p36)	WRITING (p158) Write a persuasive email	KEY SKILL Persuasive techniques	
U4	INTELLIGENCE			
4.1	Brain training (p38) Discuss improving the brain Talk about future technology	conditionals without <i>if</i>	conceptual metaphors	adding information
4.2	Thinking and thought (p42) Talk about regrets Discuss intelligence	wishes and regrets	science and research thinking	adding information or changing the topic
4.3	Café Hub Life-changing tech (p46) Recount events		<i>straight out of</i>	
	UNIT REVIEW (p48)	WRITING (p159) Write a report	KEY SKILL Hedging	
U5	GAMES			
5.1	21st century games (p50) Discuss problem-solving tasks Discuss gaming and game design	the passive	competition and cooperation	expressing disbelief
5.2	Serious gaming (p54) Identify generalisations Discuss ideas for solving a challenge	passive reporting structures	reporting verbs motivation and manipulation	<i>-ate</i> words
5.3	Café Hub Win or lose (p58) Plan a fundraising event		ellipsis	
	UNIT REVIEW (p60)	WRITING (p160) Write a formal report	KEY SKILL Using depersonalisation	

READING • LISTENING	SPEAKING • WRITING
<p>read an article about how clothes affect the way you think listen to a conversation about how to look good for less KEY SKILL Listening for recommendations</p>	<p>discuss trends in clothes and fashion SPEAKING HUB roleplay a conversation about fashion</p>
<p>read a blog post about the lifecycle of a trend KEY SKILL Using contrasts to work out meaning listen to a podcast about how to be a trendsetter</p>	<p>compare trends from different time periods SPEAKING HUB plan and make a podcast or vlog</p>
<p> watch a video about veganism  watch someone pitching a business idea</p>	<p>KEY SKILL Using circumlocution SPEAKING HUB plan and give a short pitch</p>
<p>listen to a radio programme about a famous painting KEY SKILL Anticipating content before listening read a newspaper article about how the Eden Project was made</p>	<p>give a short presentation about a work of art SPEAKING HUB tell a story about a project</p>
<p>listen to a conversation about how creative people get inspiration read an article about famous people who were discovered by accident KEY SKILL Inferring meaning</p>	<p>discuss suggestions for finding inspiration SPEAKING HUB tell a story about a life-changing moment</p>
<p> watch a video about the London Design Festival  watch people giving their interpretation of a work of art</p>	<p>KEY SKILL Managing a discussion SPEAKING HUB discuss a painting</p>
<p>read a newspaper article about an architect's plans for a city in the future listen to a conversation about smart materials KEY SKILL Listening to identify persuasive techniques</p>	<p>discuss future developments and changes SPEAKING HUB persuade someone to buy a product</p>
<p>listen to a radio show about declinism read a magazine article about voluntourism KEY SKILL Reading to determine costs and benefits</p>	<p>discuss whether life is getting better or worse SPEAKING HUB discuss the costs and benefits of a project</p>
<p> watch a video about seaweed farming in Bali  watch people discussing alternative fuels</p>	<p>KEY SKILL Maintaining a conversation SPEAKING HUB talk about the pros and cons of renewable energies</p>
<p>listen to a radio discussion about brain training KEY SKILL Identifying logical fallacies read an article about brain augmentation</p>	<p>compare products to boost intelligence SPEAKING HUB discuss responses to hypothetical situations</p>
<p>read two articles about embarrassment KEY SKILL Identifying different writing styles listen to part of a debate about the disadvantages of being highly intelligent</p>	<p>talk about a time when you did something you regret SPEAKING HUB have a debate about intelligence and education</p>
<p> watch a video about Neil Harbisson  watch someone tell an anecdote about a technology fair</p>	<p>KEY SKILL Recounting events SPEAKING HUB tell an interesting and complex anecdote</p>
<p>listen to a conversation about escape rooms read a blog post about urban games KEY SKILL Understanding colloquial asides</p>	<p>suggest creative solutions to a problem SPEAKING HUB design an urban game</p>
<p>listen to a presentation about Game Theory KEY SKILL Distinguishing generalisations from preferred solutions read an article about the gamification of life</p>	<p>talk about generalisations, expectations and assumptions SPEAKING HUB use gamification and game theory to solve a problem</p>
<p> watch a video about risk-taking in games  watch people come up with strategies while playing a game</p>	<p>KEY SKILL Building relationships SPEAKING HUB discuss and plan a fundraising event for a charity</p>

	LESSON • OBJECTIVES	GRAMMAR	VOCABULARY	PRONUNCIATION
U6	DISCOVERIES			
6.1	Challenging journeys (p62) Speculate and make deductions about the past Plan an amazing journey	past modals of speculation and deduction	journeys and adventures three-part phrasal verbs	showing your attitude
6.2	Inquisitive minds (p66) Discuss rewarding jobs Give a presentation about someone you admire	-ing and infinitive forms	binomial expressions	pauses and pitch in presentations
6.3	Café Hub Word of knowledge (p70) Plan and perform an interview		engaging listeners	
	UNIT REVIEW (p72)	WRITING (p161) Write an expository essay KEY SKILL Structuring an expository essay		
U7	EXTREMES			
7.1	Beyond the limits (p74) Describe reactions to extreme experiences Describe extreme situations and achievements	it clefting	feelings	intonation in question tags
7.2	Extreme jobs (p78) Discuss extreme jobs Deal with difficult interview questions	what clefting and all clefting	polysemy intensifiers	<i>any</i> and <i>quite</i>
7.3	Café Hub Push your limits (p82) Tell a story about an exciting journey		fronting	
	UNIT REVIEW (p84)	WRITING (p162) Write a cover letter KEY SKILL Using power verbs		
U8	WELL-BEING			
8.1	Health and wellness (p86) Discuss wellness treatments Talk about health and technology	relative clauses with complex relative pronouns	health problems	building suspense
8.2	Sport and wellness (p90) Talk about sports psychology Discuss nutrition and fitness	pronouns and determiners	idioms describing taste	pronunciation of idioms
8.3	Café Hub Health hacks (p94) Explain and give instructions about a process		reformulating	
	UNIT REVIEW (p96)	WRITING (p163) Write a summary KEY SKILL Paraphrasing		
U9	BEHAVIOUR			
9.1	Language and behaviour (p98) Talk about group behaviour Discuss factors that affect behaviour	noun phrases	slang	pronouncing vague expressions
9.2	Animal behaviour (p102) Discuss animal behaviour Talk about behavioural experiments	participle clauses and verbless clauses	verb + object + infinitive gestures and body language	intrusive stops
9.3	Café Hub Model behaviour (p106) Give and justify your opinion on social engagement		<i>end up</i>	
	UNIT REVIEW (p108)	WRITING (p164) Write a conclusion to an academic report KEY SKILL Linking in academic writing		
U10	SOCIETY			
10.1	Urban problems (p110) Discuss issues related to tourism Present solutions to urban problems	discourse markers	culture and heritage nouns with <i>to</i>	introducing new information
10.2	How to change the world (p114) Talk about political activism Discuss how to make a difference	ellipsis and substitution	word building	managing conversations
10.3	Café Hub Changing cities (p118) Debate for and against a motion		describing a scene in real-time	
	UNIT REVIEW (p120)	WRITING (p165) Write a persuasive essay KEY SKILL Using counter-arguments and rebuttals		

READING • LISTENING	SPEAKING • WRITING
<p>read an article about a famous explorer KEY SKILL Prediction strategies for reading listen to a discussion about travel challenges</p>	<p>make speculations about historical mysteries SPEAKING HUB design and present an original travel challenge</p>
<p>read an article about investigative journalism listen to a presentation about an inventor KEY SKILL Taking notes while listening</p>	<p>compare different types of job SPEAKING HUB give a presentation about an inspirational person</p>
<p>▶ watch a video about nature and the universe ▶ watch an interview with a scientist</p>	<p>KEY SKILL Conducting an interview SPEAKING HUB roleplay an interview between Veronica Matos and a journalist</p>
<p>read an extract from a story listen to a TV show about hysterical strength KEY SKILL Identifying causation</p>	<p>describe your experiences of mental states SPEAKING HUB conduct a media interview about extreme abilities/achievements</p>
<p>read an article about working in extreme places listen to a talk about extreme job interviews KEY SKILL Understanding reference within texts</p>	<p>give advice to a job applicant SPEAKING HUB interview candidates for a job</p>
<p>▶ watch a video about extreme driving ▶ watch a phone call between two people</p>	<p>KEY SKILL Changing and recycling topics SPEAKING HUB perform a conversation about an exciting journey</p>
<p>read a newspaper article about new wellness treatments KEY SKILL Identifying writers' opinions listen to a conversation about technology and health</p>	<p>talk about the value of wellness treatments SPEAKING HUB design and pitch a health/wellness product</p>
<p>listen to a podcast about sports psychology KEY SKILL Understanding speech with background noise read an article about a gluten-free diet</p>	<p>discuss the benefits of sports psychology techniques SPEAKING HUB design a fitness plan for an athlete</p>
<p>▶ watch a video about food packaging ▶ watch two people discuss a recipe</p>	<p>KEY SKILL Repairing misunderstandings SPEAKING HUB explain a process you know well to your partner</p>
<p>listen to a conversation about a psychology experiment KEY SKILL Understanding rapid colloquial speech read a newspaper article about how language affects behaviour</p>	<p>discuss the problems of group behaviour SPEAKING HUB analyse and present evidence for or against an idea</p>
<p>read an article about understanding animal behaviour KEY SKILL Identifying outcomes of scientific research listen to a radio show about behavioural psychology</p>	<p>discuss experiences and opinions of animal intelligence SPEAKING HUB plan and carry out a behavioural experiment</p>
<p>▶ watch a video about group behaviour ▶ watch people discuss sociological experiments</p>	<p>KEY SKILL Backtracking and reformulating SPEAKING HUB present your opinion on social engagement</p>
<p>read three short articles about the problems caused by tourism KEY SKILL Integrating information from different texts listen to a radio report about building design</p>	<p>talk about the importance and problems of tourism SPEAKING HUB discuss how to solve problems in your city</p>
<p>read a newspaper article about political activism listen to a conversation about finding a job after university KEY SKILL Recognising shifts in register</p>	<p>discuss world problems and activism SPEAKING HUB persuade people to support a charity</p>
<p>▶ watch a video about cable cars in Mexico City ▶ watch people argue about the benefits of urban development</p>	<p>KEY SKILL Using vague language SPEAKING HUB debate whether vehicles should be banned from city centres</p>