



# I CAN DO IT!

**Aim**

To encourage children to think about their personal autonomy in daily routines

**Language focus**

Wash your face, get dressed, brush your hair, pack your schoolbag, lay the table, tidy up

**Materials**

A copy of Personal autonomy worksheet 1 for each pupil

## How can we look after our oceans? How can we make sure they are free from plastic?

This **Ocean in a Box** craft activity for pre-primary children can serve as an introduction to discuss this important topic with pupils.

These Teacher's Notes and activity idea were downloaded from the **Macmillan Early Learning Path programme**.

**Simon says!**

- Get the puppet to say (Simon) says Brush your hair! Repeat in the same way with all the actions.
- When the children are confident, tell them that they should only do the action if (Simon) says to do so at the beginning of the instruction.

**Play Can you tidy up!**

- Say Can you tidy up? Encourage the children to say Yes! and do the appropriate action. Smile and say Well done! Everybody can tidy up!
- Repeat in the same way with all the actions.

**Action chant!**

- Ask the children to stand up.
- Say Let's see what you can do. Are you ready? Say in a rhythmic way Wash your face! Get dressed! Brush your hair! Pack your

schoolbag! Lay the table! Tidy up! Encourage the children to listen to and do the actions with you. Repeat until they feel confident and speed up the activity.

**Complete the worksheet**

- Give each child a photocopy of Personal Autonomy 1 worksheet. Point to the first picture and say Can you wash your face? Encourage the children to say yes or no. Say Colour the star if you can wash your face! If the answer is positive, encourage the children to colour the star. If the answer is negative, shake your head and say Draw a red circle around the picture if you can't wash your face. Demonstrate what you mean.
- If the children draw red circles around any of the actions, make sure that you revisit them at a later date and encourage them to practise doing the actions at home with their families.