

## Listening

1

 **UT Track 1** Listen to a teenager called Clara talking about a sailing holiday and decide what type of word or phrase from the box goes in each gap.

a phrasal verb | a measurement | a noun phrase | a time

- The Duke of Edinburgh's Award helps young people develop their \_\_\_\_\_ . \_\_\_\_\_
- The boat was \_\_\_\_\_ long. \_\_\_\_\_
- The teenagers needed to bring their own \_\_\_\_\_ . \_\_\_\_\_
- They finally left the harbour at around \_\_\_\_\_ . \_\_\_\_\_
- At mealtimes they used to \_\_\_\_\_ together and talk about their experiences. \_\_\_\_\_

/5

2

 **UT Track 1** Listen again and complete the sentences with a word or short phrase.

- The Duke of Edinburgh's Award is for young people who participate in different \_\_\_\_\_ .
- The jobs were shared between \_\_\_\_\_ , known as 'watches'.
- They had to start working as soon as they left the \_\_\_\_\_ .
- The captain started using \_\_\_\_\_ at around 6 am.
- Clara liked mealtimes even though they were \_\_\_\_\_ .

/5

## Grammar

3

Complete the sentences with the correct form (past simple or past continuous) of the words in brackets.

- I \_\_\_\_\_ (make) good progress on my essay when my computer crashed.
- He decided to stay at home because he \_\_\_\_\_ (want) to go to the exhibition.
- I think they \_\_\_\_\_ (teach) us lots of interesting things at school.
- When you saw her, she \_\_\_\_\_ (send) a text message. She was just checking the time.
- I \_\_\_\_\_ (take) your advice and stayed at home. Now I feel much better.

/5

4

Complete the text with the correct form (past simple or past continuous) of the words in the box.

do | drive | get | go | want

When I was 13 I went to an English summer camp in Oxford. I was very nervous and (1) \_\_\_\_\_ to go at first. In fact, when my mum (2) \_\_\_\_\_ me to the airport, I asked her to stop the car and take me home again! Of course, she (3) \_\_\_\_\_ that and when we got to the airport I met some other children who (4) \_\_\_\_\_ to the camp as well. We (5) \_\_\_\_\_ on really well at the camp. We didn't speak much English but we had a fantastic time.

/5

5

Complete the second sentence so that it means the same as the first sentence, using the word given. Do not change the word given. You must use between two and five words, including the word given.

- My football team would lose all the time but we still had fun.  
My football team \_\_\_\_\_ all the time but we still had fun.. USED
- It's normal for me to walk two kilometres to school.  
I \_\_\_\_\_ two kilometres to school. USED
- I used to get upset because they never used to tell me where they were going.  
I used to get upset because \_\_\_\_\_ where they were going. WOULD
- They hardly ever spoke to each other but now they're best friends.  
They \_\_\_\_\_ to each other very often but now they're best friends. USE
- For Matthew it's strange to be told what to do.  
Matthew \_\_\_\_\_ told what to do. USED

/5

6

Complete the text with the words in the box. Use the correct form of *used to*, *be used to* or *would*. Where *used to* or *would* are possibilities, use *would*. There are two extra words which you don't need to use.

(not) be | come | go | live | (not) return | spend | take

I live in London now but I (1) \_\_\_\_\_ in the countryside. The change has been difficult because life was so relaxing there. I (2) \_\_\_\_\_ my free time in the fields and woods around our house, that was normal to me, and we (3) \_\_\_\_\_ on some amazing adventures, building treehouses and looking for snakes. We would leave the house in the morning and we (4) \_\_\_\_\_ until the evening. Now, if I want to go out in London, I have to tell my mum exactly where I'm going and most of the time she doesn't want me to go out. We've been here for three months but even now I (5) \_\_\_\_\_ indoors this much.

/5

## Reading

### Alternative schools – a different approach

If you ask teenagers around the world to tell you about their educational experience, they will probably describe something similar; classrooms with 30 or more students, rows of tables and chairs and a teacher at the front.

They study eight or nine subjects when the timetable tells them to. However, some children will describe a different type of education. These children have experienced alternative schools.

Alternative and traditional schools are different in a number of ways. (1) \_\_\_\_\_ This means that the children are responsible for deciding what they need to learn and the teacher is there to help them achieve their learning goals. 'I was always interested in geology, the study of rocks, but you can't usually study it at school,' says Tyler, 14. 'Here we can choose what we study so when I told my teacher I was interested in rocks, she helped me start a project and showed me how to get the information I needed. It's fantastic being able to study something that interests me.'

Most traditional schools are only interested in students learning from books and not teaching them practical skills. (2) \_\_\_\_\_ Abigail, 13, explains, 'I was always quite intelligent and I loved maths problems but I wasn't very good at physical activities. My teachers noticed that and they encouraged me to spend more time climbing trees and riding bikes. I think that really helped me because now I'm much more confident doing those things.'

In most schools, the rules and responsibilities are decided by the teachers. However, in these alternative schools, it is both the students and teachers who decide. (3) \_\_\_\_\_ Students and teachers usually decide the rules together in regular meetings where they also talk about why it is important to have certain rules. These meetings are usually attended by the whole school and anyone is free to speak, which also helps students develop their communication skills.

Another reason some people choose alternative schools is because the teachers help the students develop their talents. In large schools, teachers have limited time for each student and they may not notice any hidden talents. (4) \_\_\_\_\_ 'I've always liked drawing,' says Esther, 16. 'My teachers let me draw as much as I wanted and now I'm pretty good. In fact, I recently came second in a national art competition. Their support and encouragement helped me achieve that.'

It is important for us not to forget that traditional schools do important work and that there are disadvantages to alternative schools. (5) \_\_\_\_\_ Some parents may also worry that their children won't make enough academic progress. However, children who go to alternative schools seem confident and grown-up and the schools themselves seem calm and productive. Perhaps they have some useful lessons for the more traditional schools.

7

Look at the sentences from an article about different types of schools. Read the article and decide what the bold words refer to. Write a word or short phrase.

- 1 **They** study eight or nine subjects ... (paragraph 1) \_\_\_\_\_
- 2 ... you can't usually study **it** at school ... (paragraph 2) \_\_\_\_\_
- 3 ... I'm much more confident doing **those things**. (paragraph 3) \_\_\_\_\_
- 4 ... develop **their** talents ... (paragraph 5) \_\_\_\_\_
- 5 Perhaps **they** have some useful lessons for the more traditional schools. (paragraph 6) \_\_\_\_\_

/5

8

Read the article again. Choose which sentences complete the text. There are two extra sentences you do not need.

- A The reason is that if the students decide the rules, they will understand them better and be more responsible for their own behaviour.
- B For example, they tend to be private schools, so many families cannot afford them.
- C One is the belief that education should be learner-centred.
- D She thinks it's important to have clear rules and instructions.
- E However, alternative schools often have fewer students so it is easier for teachers to see what their students are good at.
- F They believe that there are many more advantages than disadvantages.
- G However, alternative schools try to help students develop physically and emotionally and learn things that are useful for life in general.

/5

## Vocabulary

9

Complete the sentence with one word.

- 1 After waiting for several hours, we finally m\_\_\_\_\_ to see the doctor.
- 2 She worked very hard so she was surprised to f\_\_\_\_\_ the exam.
- 3 Do you think he's going to c\_\_\_\_\_ first in the race? He's running very fast.
- 4 I think England will b\_\_\_\_\_ Wales. I am sure they will win.
- 5 Peter says that he's finally o\_\_\_\_\_ his fear of spiders.

/5

10

Complete the sentences with the correct form (adjective or adverb) of the words in the box.

play | produce | secret | stress | thank

- 1 \_\_\_\_\_ the sun came out so we didn't have to cancel the barbecue.
- 2 We're wasting a lot of time at the moment. We have to use it more \_\_\_\_\_.
- 3 Our trip was quite \_\_\_\_\_. There were several delays and we lost our luggage.
- 4 I love my dogs. They are very \_\_\_\_\_ and full of energy.
- 5 They're being very \_\_\_\_\_ about the party. I wonder what they've got planned.

/5

11

Complete the sentence with one word.

- 1 How should we go \_\_\_\_\_ choosing a campsite? Have you got any ideas?
- 2 I don't know how you put \_\_\_\_\_ with him. He's always complaining.
- 3 We eventually built \_\_\_\_\_ enough courage to look inside the box.
- 4 I'm glad he's finally getting \_\_\_\_\_ with his homework. I thought he'd never start it!
- 5 I'm afraid I didn't go to the supermarket so we'll have to do \_\_\_\_\_ dessert tonight.

/5

12

Complete the text with the correct answers.

A few months ago I decided to have a go at origami. I'm in my final year at school and I was finding school work quite **(1) stressfully / stressed / stressing / stressful** so I wanted to do something to help me relax. I liked doing origami because it was both relaxing and **(2) playful / playfully / creatively / creative**. I have a book which shows me how to make the paper models step-by-step. **(3) Carrying / Going / Taking / Putting** out the instructions isn't always as easy as it looks. When I complete a difficult model, I feel good that I **(4) accomplished / beat / came first / overcame** a difficult project. I never thought I would **(5) get up to / end up / build up / put up** with doing origami but I'm glad I tried it.

/5

## Speaking

13

Look at the pictures which show people doing outdoor activities. The text below compares the two photographs and describes different ways people are learning to do these activities. Complete the text.



(1) \_\_\_\_\_ pictures show people doing outdoor activities. Another way in which they are (2) \_\_\_\_\_ is that the children in both pictures are learning how to do a sport. One (3) \_\_\_\_\_ difference is that in the first picture the father is teaching his daughter, but in the second one the children are with a teacher. She might be showing them how to play tennis. One way the pictures (4) \_\_\_\_\_ is that the girl is learning to ride the bicycle alone (5) \_\_\_\_\_ the children are learning as a group.

/5

14

The pictures below show people learning in different ways. Compare the photographs and say what might be the advantages of learning in these ways.



- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_

/10

## Use of English

### 15 Complete the sentence.

- 1 \_\_\_\_\_ you see that new science fiction series on TV last night?
- 2 My mum would only let me \_\_\_\_\_ out after I washed up the dinner plates.
- 3 Do you think we \_\_\_\_\_ wake him up? He must be really tired.
- 4 We didn't really get up \_\_\_\_\_ anything during the school holidays.
- 5 There's \_\_\_\_\_ in the cupboards. They're empty.

/5

### 16 Complete the text.

One of the best things I (1) \_\_\_\_\_ learnt to do is DJing. I started about two years ago after I saw a Scottish DJ called Calvin Harris at a music festival. I really liked the music he (2) \_\_\_\_\_ playing and the way he could combine the songs. In the past, DJs would use record players to play music but he had a whole load (3) \_\_\_\_\_ computers and CD players. I'm (4) \_\_\_\_\_ used to DJing with a lot of equipment but I've got two controllers and a computer. In fact, the computer is great because you (5) \_\_\_\_\_ be really creative with it. At weekends, I spend hours DJing and enjoying the music!

/5

## Writing

### 17 You have received a letter from an English-speaking friend. Complete the letter.

Dear Lucy,

I'd like you to give me some (1) \_\_\_\_\_. I'm in a football team with some friends and we play for fun once a week. We're getting quite good but now some of the players want to join a league. However, I'm not (2) \_\_\_\_\_ if I want to do that because I think it'll be too serious. Do you think it's a good (3) \_\_\_\_\_? I'm afraid my friends won't be very happy if I say 'no'.

What do you think I (4) \_\_\_\_\_ do?

Write (5) \_\_\_\_\_

Olivia

/5

18

Write a paragraph (4–5 sentences) of your letter to Olivia answering her questions.

---

---

---

---

---

---

---

---

---

---

---

---

/10

Total score

/100