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Cultural exchange: Pages 138–141 Irregular verbs: Page 151

## Speaking

## Writing

## Life coach

## Pronunciation

## Exam coach

## Competences

Giving personal information

An informal email

Learning to welcome change  
**Life hack:** Changes = chances!

Stress in compound adjectives ▶

**EXAM**  
**First for Schools**  
 Reading and Use of English Part 6 Gapped text  
 Speaking Part 4 Discussion

10 REDUCED INEQUALITIES

Collaborative task (1)

An article

Futureproofing yourself with resilience  
**Life hack:** I think I can (and so, yes, I can!) ▶

The schwa in *have* in the future continuous and perfect

Listening Part 3 Multiple matching  
 Writing Part 1 An essay  
 Speaking Part 1 Interview

3 GOOD HEALTH AND WELL-BEING

Speculating and making deductions

A story

Dealing with stress  
**Life hack:** Music while you work?

Using emphasis ▶

Reading and Use of English Part 1 Multiple-choice cloze  
 Listening Part 2 Sentence completion  
 Writing Part 2 A review

8 DECENT WORK AND ECONOMIC GROWTH

● Empathise ● Define ● Ideate ● Prototype ● Test

Comparing and contrasting photos

A formal letter/email

Handling the news  
**Life hack:** Think before (and after) you click! ▶

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Reading and Use of English Part 3 Word formation  
 Listening Part 4 Multiple choice

15 LIFE ON LAND

A presentation

An opinion essay

Learning life lessons from adventurers  
**Life hack:** Enjoy, not endure!

Silent vowels between syllables ▶

Reading and Use of English Part 7 Multiple matching  
 Writing Part 2 A story

13 CLIMATE ACTION

Collaborative task (2)

A for-and-against essay

Learning time management and critical ignoring  
**Life hack:** Your No. 1 priority ▶

Identifying syllables and stress

Reading and Use of English Part 2 Open cloze  
 Writing Part 2 An email  
 Speaking Part 2 Long turn

4 QUALITY EDUCATION

● Empathise ● Define ● Ideate ● Prototype ● Test

Discussion questions

A review

Being aware of advertising  
**Life hack:** But all my friends have one!

Verbs with -en endings ▶

Reading and Use of English Part 5 Multiple choice

12 RESPONSIBLE CONSUMPTION AND PRODUCTION

A debate

An opinion essay

Resisting peer pressure  
**Life hack:** Your life, your responsibility ▶

Stress and intonation in debating phrases

Reading and Use of English Part 4 Key word transformations  
 Speaking Part 3 Collaborative task

16 PEACE, JUSTICE AND STRONG INSTITUTIONS

Speaking revision: comparing and contrasting; discussion; giving a presentation

Writing revision: an article; an email; a review

Listening Part 1 Multiple choice  
 Writing Part 2 An email

● Empathise ● Define ● Ideate ● Prototype ● Test

- Linguistic Communication
- Plurilingualism
- Personal, social and learning to learn
- Entrepreneurship
- Citizenship
- Cultural awareness and expression
- Mediation
- STEM
- Digital